



Honeybee apisimin and plant arabinogalactans in honey costimulate monocytes



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ABSTRACT

Here we determined whether immunostimulatory plant-derived arabinogalactan proteins (AGPs) and the honeybee-derived protein apisimin are present in varieties of New Zealand honey. Apisimin is a protein of unknown function secreted from the glands of honeybees into Royal Jelly, forming a complex with apalbumin1 capable of stimulating lymphocyte proliferation. AGPs were abundant in kanuka honey with lesser amounts in manuka, kowhai and clover honeys, but absent from Royal Jelly. Apisimin was present in all honeys, as well as Royal Jelly. We report that apisimin shares with honey AGPs the ability to stimulate the release of TNF- α from blood monocytes. Further, it synergizes with AGPs to enhance the release of TNF- α , via a mechanism not involving the formation of a complex with AGPs. In summary, this study provides evidence that AGPs and apisimin are commonly present in different floral varieties of honey, and hence contribute to their immunostimulatory properties.

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1. Introduction

Honey has been used since ancient times not only as a food product, but also as a wound dressing (Zumla & Lutat, 1989). Its use in modern day woundcare is widely studied and debated (Bardy, Slevin, Mais, & Molassiotis, 2008; Biglari et al., 2013; Bischofberger et al., 2013; Jull, Rodgers, & Walker, 2008; Jull, Walker, & Deshpande, 2013; Kamaratos et al., 2014; Lee, Sinno, & Khachemoune, 2011; Molan, 2006). There is an intensive effort underway to identify the bioactive components of honey, and their properties, in order to better inform the industry and the consumer of each honey product's potential properties, and to improve woundcare formulations. The properties of different honeys vary greatly, due in part to the particular floral nectars that are gathered by honeybees, and the different proteins secreted from the cephalic glands of honeybees (Rossano et al., 2012; Wang & Li, 2011). Unfractionated honey is immunostimulatory, being able to stimulate the release of TNF- α from monocytes/macrophages

(Gannabathula et al., 2012; Raynaud et al., 2013; Tonks, Cooper, Price, Molan, & Jones, 2001; Tonks et al., 2003), with different honeys varying in their ability to stimulate TNF- α release (Gannabathula et al., 2012). TNF- α produced by monocytes/macrophages within a wound has been shown to promote the degradation and remodeling of the extracellular matrix, leading to accelerated healing and improved wound disruption strength (Fu, Tian, Hsu, Wang, & Sheng, 1996; Mooney, O'Reilly, & Gamelli, 1990). Conversely inhibition of TNF- α leads to decreased wound strength. Honey also stimulates monocytes/macrophages to produce interleukin (IL)-6 and IL-1 β that induce extracellular matrix synthesis by fibroblasts (Cooper, Jones, & Morris, 2005, chap. 10; Tonks et al., 2003).

The identity of the key immunostimulatory components of honey is controversial. Tonks et al. isolated a polymyxin B-insensitive component of 5.8 kDa from manuka honey, which stimulated a human monocytoïd cell line to release TNF- α via a Toll-like receptor 4-mediated mechanism (Tonks et al., 2007). Apalbumins (Apa) 1 and 2 of 55 kDa stimulated the release of TNF- α from macrophages and keratinocytes (Majtan, Kovacova, Bilikova, & Simuth, 2006; Majtan, Kumar, Majtan, Walls, & Klaudiny, 2010; Simuth, Biliková, Kováčová, Kuzmová, & Schroder, 2004). However, Timm et al. reported that the immunostimulatory activity of manuka honey is explained solely by its endotoxin content (Timm,

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Bartelt, & Hansen, 2008). Conversely, we and Raynaud et al. reported that the trace amount of lipopolysaccharide (LPS) in kanuka and thyme honeys could not, by itself, account for the stimulation of cytokine production by honey (Gannabathula et al., 2012; Raynaud et al., 2013). We recently reported that plant-derived arabinogalactan proteins (AGPs) in New Zealand kanuka honey stimulate monocytes to release TNF- α (Gannabathula et al., 2012). The AGPs were sensitive to inhibition by polymyxin B, and hence appear to mimic some of the properties of LPS. Apisimin is a 5.5 kDa serine and valine-rich peptide that is secreted from the hypopharyngeal and mandibular glands of honeybees into Royal Jelly (Bíliková et al., 2002), forming a complex with Apa1 that is capable of stimulating the proliferation of lymphocytes (Tamura et al., 2009).

The immunostimulatory properties of honey are seemingly more complex as honey also stimulates the expression of anti-inflammatory products from monocytes/macrophages, including prostaglandin E2 (Raynaud et al., 2013), which improves wound healing (Talwar, Moyana, Bharadwaj, & Tan, 1996), and hastens wound closure (Savla, Appel, Sporn, & Waters, 2001), and the anti-inflammatory cytokines anti-inflammatory cytokines IL-10, IL-1ra, and transforming growth factor (TGF- β) (Bean, 2012). The flavonoid chrysin present in honey and propolis has potent anti-inflammatory properties (Ha, Moon, & Kim, 2010). Fir honeydew honey contains the flavonoids apigenin and kaempferol, which inhibited TNF- α -induced production of matrix metalloproteinase (MMP)-9 from keratinocytes (Majtan et al., 2013). In contrast, Acacia honey stimulated keratinocytes to release MMP9, together with TNF- α , IL-1 β and TGF- β (Majtan et al., 2010). Manuka honey, and to a lesser extent kanuka and rewarewa contain the anti-microbial methyl glyoxal, which modifies the apalbumins, endowing them with an ability to inhibit phagocytosis by macrophages (Bean, 2012). Thus, the immunoregulatory properties of honey are complex, being dictated by the levels of individual pro-and anti-inflammatory components.

In this study, we sought to determine whether AGPs and apisimin are present in kanuka honey and other floral varieties of New Zealand honey, and to determine their contribution to the immunostimulatory properties of kanuka honey.

2. Materials and methods

2.1. General

New Zealand honey samples, namely young manuka (*Leptospermum scoparium*) honey (INTPH-01), young kanuka (*Kunzea ericoides*) honey (INTPH-15), clover (*Trifolium spp.*) honey (INTPH-20), and Royal Jelly (*Apis mellifera*) were selected and supplied by Comvita New Zealand Ltd, Te Puke. The young honeys were 6–18 months old. Artificial honey was prepared by dissolving 192 mg fructose, 180 mg glucose and 4 mg sucrose (Sigma Aldrich, New Zealand) in 10 ml of deionized water, which is equivalent to 4% of honey solution. LPS isolated from a culture of *Escherichia coli* 0127:B8 was purchased from Sigma Aldrich. The Yariv reagent was obtained from Callaghan Innovation, New Zealand, and an N-terminally biotinylated apisimin peptide (KTSISVKGESNVDSVQINSLVSSIVSGANVSALLAQTTLVNIQILIDANVFA) was synthesized and supplied by Peptide 2.0, USA. Mouse anti-human TNF- α antibodies were purchased from BD Biosciences, Auckland, New Zealand. A polyclonal mouse antiserum raised against synthetic apisimin was custom-produced by Promab Biotechnologies, Inc., CA. Fresh human blood monocytes were obtained from the buffy coats of venous blood fractionated by centrifugation on Ficoll gradients. Blood was obtained from healthy adult subjects by informed consent according to approval 2010/462 from the University of Auckland Human Participants Ethics Committee.

2.2. Radial agar diffusion assay

A radial agar diffusion assay to measure the AGP content of honey was developed based on a protocol previously described by van Holst and Clarke (1985). The assay is based on the fact that arabinogalactans are bound and precipitated in solution by the β -galactosyl Yariv reagent. Molten agarose gel (1%) containing 0.15 M NaCl, 0.02% sodium azide and 0.002% of the β -galactosyl Yariv reagent was poured into a 80 mm petri dish. The gel was allowed to set, and then wells were punched. Sample solutions (15 μ l) prepared in 0.15 M NaCl buffer solution containing 0.02% sodium azide were pipetted into the wells. Buffer was used as a negative control, and Gum arabic (Sigma Aldrich) was used as a positive control, respectively. Petri dishes were sealed and incubated in the dark at room temperature for 2–4 days until a precipitin halo developed.

2.3. Rocket gel electrophoresis assay

AGPs in honey were quantified by rocket gel electrophoresis using Gum arabic as a standard according to a previously described method (Komalavilas, Zhu, & Nothnagel, 1991; Wiśniewska & Majewska-Sawka, 2007). Molten agarose (1%) containing 25 mM Tris, 200 mM glycine, pH 8.4, and 15 μ M Yariv reagent was poured into plates to give a gel of 1.5 mm thickness. Wells were punched in the gel, and loaded with the honey samples and controls. Electrophoresis was carried out in Tris-glycine buffer (25 mM Tris, 200 mM glycine, pH 8.4) for 4–8 h at room temperature (RT) until the rockets were well developed. The concentrations of AGP in the samples were estimated in relation to the area of the precipitin peak formed with Gum arabic.

2.4. Crossed gel electrophoresis

AGPs purified from kanuka honey (Steinhorn, Sims, Carnachan, Carr, & Schlothauer, 2011) were compared with Gum arabic by two-dimensional crossed electrophoresis (Komalavilas et al., 1991; Wiśniewska & Majewska-Sawka, 2007). AGPs (5 μ g) were initially separated in a 1% agarose gel as described for rocket electrophoresis, and then electrophoresed in a second direction in a 1% agarose gel supplemented with 15 μ g/ml Yariv reagent, which precipitated the AGPs as they moved towards the anode.

2.5. Polyacrylamide gel electrophoresis

Polyacrylamide gels were prepared as described in Current Protocols in Molecular Biology (Ausubel, 1999). Synthetic apisimin was analysed on a non-denaturing 15% polyacrylamide gel, and on a denaturing 16% polyacrylamide Tricine SDS-gel prepared as described previously (Schägger, Aquila, & Von Jagow, 1988; Schägger & Von Jagow, 1987). The protein was visualised by staining with Coomassie blue G-250.

2.6. Ligand blot assay

A ligand blot assay was established to determine whether apisimin interacts with honey AGPs. Samples of 2 μ l of each of synthetic apisimin (1 mg/ml), honeys (100 mg/ml), purified kanuka honey AGPs (1 mg/ml), bovine serum albumin (BSA) (1 mg/ml), and insulin (1 mg/ml) were spotted onto a nitrocellulose membrane. The membrane was blocked for 1 h with 5% skim milk powder in Tris-buffered saline containing 1% Tween 20 (TBS-T). The membrane was washed thrice for 5 min with TBS-T and incubated with 0.1–10 μ g/ml synthetic biotinylated apisimin peptide for 1 h at RT. The membrane was washed thrice for 5 min with TBS-T, incubated with horseradish peroxidase (HRP)-conjugated

streptavidin for 30 min at RT, and HRP activity detected by enhanced chemiluminescence.

2.7. Western blot analysis

Samples separated by SDS-PAGE on Tricine gels were electro-blotted onto nitrocellulose membrane. The membranes were blocked with TBS-Tween buffer containing 5% non-fat milk for 1 h at RT, and incubated overnight with a polyclonal mouse antiserum raised against synthetic apisimin, diluted 1:50 in TBS-Tween buffer containing 5% non-fat milk. They were washed and incubated for 2 h in the same buffer containing HRP-conjugated anti-mouse IgG at a dilution of 1:5000, and HRP activity detected by enhanced chemiluminescence.

2.8. TNF- α ELISA

TNF- α concentration was measured by ELISA as described previously (Gannabathula et al., 2012). Briefly, a mouse anti-human TNF- α mAb used as the capture antibody was coated onto ELISA plates at 2 μ g/ml, and 100 μ l of culture supernatant was placed into the wells. After washing, a biotinylated mouse anti-human TNF- α antibody at 2 μ g/ml was added to detect the captured TNF- α . Immunoreactivity was detected with streptavidin-horse-radish peroxidase, and developed with tetramethylbenzidine (TMB) Substrate Reagent (BD Biosciences). LPS (100 ng/ml) was

included as a standard, against which the results obtained with the honey samples were compared.

2.9. Statistical analysis

The graph packages used were Graph Pad (Prism) software and Microsoft Excel. Results were expressed as means \pm SD, and the overall differences between group means were analysed using one-way ANOVA. Multiple comparisons were carried out using Tukey's Test.

3. Results and discussion

3.1. Agar diffusion and rocket gel electrophoresis assays to establish the levels of AGPs in honeys

An agar diffusion assay in which the Yariv reagent was added to the agar was employed to establish the level of AGPs in kanuka honey. Samples (15 μ l) of Gum arabic AGPs (500 μ g/ml), Gum arabic (100 μ g/ml), purified kanuka honey AGPs (500 μ g/ml), kanuka honey (undiluted), and LPS (100 ng/ml) were loaded into the wells and allowed to diffuse. Gum arabic and purified kanuka honey AGPs produced bright orange haloes that were formed by precipitation of the AGPs with the Yariv reagent (Fig. 1A). Crude kanuka honey and Gum arabic each produced fainter precipitin haloes with smaller diameters. The diameter and intensity of the halo

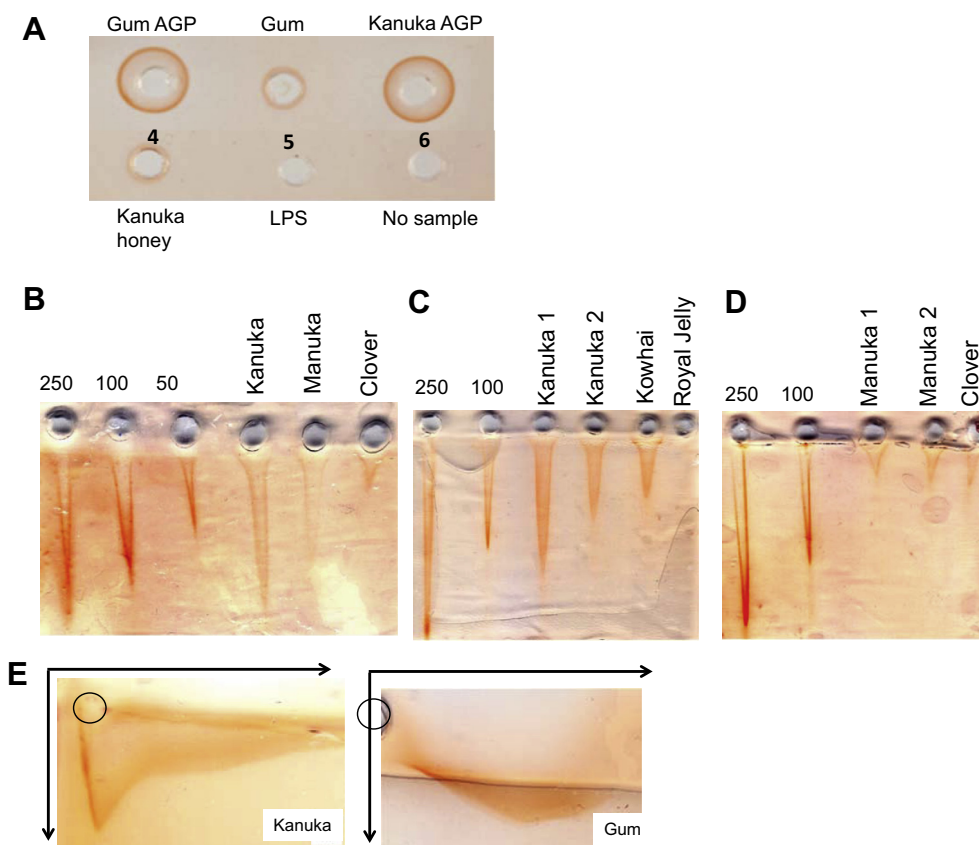


Fig. 1. Analysis of AGPs in different honey varieties. (A) Single radial gel diffusion assay using the Yariv agent to measure the concentrations of AGPs in kanuka honey. The samples analysed included Gum AGP (500 μ g/ml), Gum arabic (100 μ g/ml), kanuka honey AGP (500 μ g/ml), kanuka honey (20 μ l), LPS (100 ng/ml), and no sample. Precipitin haloes are naturally coloured orange due to the brown-orange colour of the Yariv agent. (B–D) Rocket electrophoresis using the Yariv agent to measure the concentrations of AGPs in different honey varieties. (B) The samples analysed included 20 μ l of undiluted kanuka, manuka, and clover honeys. Gum arabic was included as a standard at 250, 100, and 50 μ g/ml, as indicated. (C) The samples included 20 μ l of two different sources of kanuka honey, kowhai honey, and Royal Jelly. Gum arabic was included as a standard at 250, 100 μ g/ml, as indicated. (D) The samples included 20 μ l of two different sources of manuka honey, and clover honey. Gum arabic was included as a standard at 250, 100 μ g/ml, as indicated. (E) Crossed electrophoresis of Gum arabic and kanuka honey AGP. Five micrograms of each sample was electrophoresed in the first dimension (left to right) in ordinary agarose, and then in the second dimension (top to bottom) in gels containing the β -glucosyl Yariv reagent (15 μ g/ml). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

was proportional to the amount of AGP in the well. Thus, identical concentrations of gum arabic and honey AGPs gave similar sized haloes. Lipopolysaccharide (LPS) did not produce a halo, establishing that it does not react with the Yariv reagent.

Rocket gel electrophoresis in which the Yariv reagent was added to the agar was employed to establish the presence and levels of AGPs in a variety of different honey types. There was 200, 60, and 25 µg/ml of AGPs in kanuka, manuka and clover honeys, respectively (Fig. 1B). Thus, kanuka honey is rich in AGPs, whereas clover honey has a low level of AGPs. In another experiment, two sources of kanuka honey were shown to differ in the level of AGPs, having levels of 180 and 90 µg/ml, respectively (Fig. 1C). Kowhai honey had intermediary levels of AGPs of 60 µg/ml, whereas AGPs were apparently completely absent from Royal Jelly. In a third experiment, two different sources of manuka honey from that shown in Fig. 1B were found to have low levels (35–40 µg/ml) of AGPs, comparable to that of clover honey (Fig. 1D). Crossed-electrophoresis profiles indicated that kanuka honey AGPs were different from Gum arabic AGPs (Fig. 1E). Gum arabic AGPs gave a single peak in accord with the fact that the major molecular fraction accounting for ~88% of the total mass of Gum arabic is an arabinogalactan peptide with a molecular weight of 286 kDa (Sanchez et al., 2008). Kanuka honey AGPs gave a major and a minor peak, where only the minor peak resembled that formed by Gum arabic.

3.2. Identification of apisinin in honey

Here we sought to determine whether the immunostimulatory protein apisinin was present in honey, given that it is secreted from the hypopharyngeal and mandibular glands of nurse and forager honeybees, and has been reported to form a complex with the Royal Jelly protein Apa1 (Tamura et al., 2009). Synthetic apisinin was first resolved by non-denaturing and denaturing polyacrylamide gel electrophoresis to determine its migration profile on SDS–PAGE, as it has been reported to form a self-associated complex of 30 kDa (Biliková et al., 2002). It is detectable with Coomassie blue staining despite the fact that it contains only one of the five amino acids required to bind this stain. Synthetic apisinin migrated as a high molecular weight protein of around 30 kDa on

a non-denaturing polyacrylamide gel, despite the fact that it is only a 54 amino acid residue peptide with a predicted molecular weight of 5.8 kDa (Fig. 2A). In marked contrast, it migrated as a homogeneous low molecular weight band of less than 6 kDa on a denaturing Tricine-based SDS–polyacrylamide gel (Fig. 2B). Thus apisinin appears to form oligomers as reported by Bilikova et al. The apisinin band on the denaturing gel was broad, presumably because the peptide forms oligomers containing different numbers of the apisinin peptide. Samples of kanuka honey and Royal Jelly were resolved by SDS–PAGE on 15% polyacrylamide gels, and the proteins were stained with Coomassie blue. The major apalbumin bands at ~55 kDa were clearly evident in the kanuka honey and Royal Jelly samples, but in addition both samples contained a low molecular band similar in size to apisinin (Fig. 2C).

A commercially prepared mouse anti-apisinin polyclonal antiserum was employed to determine whether the low molecular weight band seen in kanuka honey and Royal Jelly samples was apisinin. Samples of kanuka, manuka and clover honeys, and Royal Jelly were resolved on a denaturing 15% polyacrylamide gel and subjected to Western blot analysis with the anti-apisinin antibody. The antibody detected a major low molecular band of ~5 kDa protein in the 3 honeys and Royal Jelly, which was identical in size to chemically synthesized apisinin (Fig. 2D). Trace amounts of slightly higher molecular weight forms were evident, which may represent small oligomers that were not completely dissociated. Kanuka honey appeared to contain the highest levels of apisinin amongst the honeys. Western blot analysis using synthetic apisinin as a standard revealed that apisinin was present in kanuka honey at a concentration of 100 µg/ml.

3.3. Apisinin stimulates the release of TNF- α from blood monocytes

Increasing concentrations of apisinin were tested for their ability to stimulate blood monocytes to release TNF- α . For comparison monocytes were also stimulated with increasing concentrations of kanuka honey AGPs that had been purified with the Yariv reagent. Apisinin stimulated the release of TNF- α in a concentration-dependent fashion, with a similar activity to that of the kanuka honey AGPs (Fig. 3A). The response was linear for both apisinin

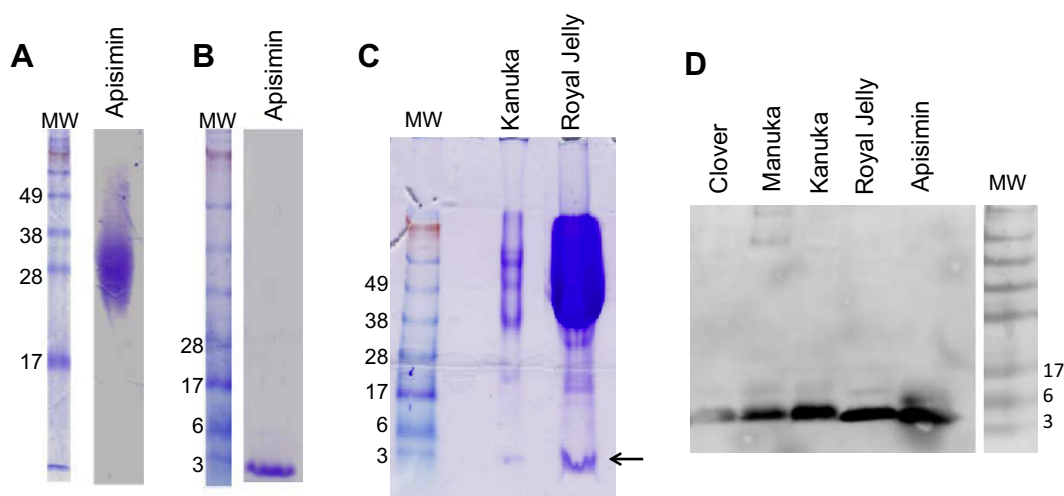


Fig. 2. Analysis of commercially synthesized and endogenous apisinin. (A) Non-denaturing polyacrylamide gel analysis of synthetic apisinin (15 µg). MW, molecular weight protein standards (Sigma). The sizes of the molecular weight makers are given in kDa in the left-hand margins. (B) Denaturing Tris-Tricine SDS–polyacrylamide gel analysis of synthetic apisinin (15 µg). MW, molecular weight protein standards (Sigma). (C) Both honey and Royal Jelly contain a low molecular weight protein similar in size to apisinin. Samples of kanuka honey (15 mg), and Royal Jelly (25 µg) were electrophoresed on 6% polyacrylamide Tricine SDS-gels. MW, molecular weight protein standards (Sigma). The position of the putative apisinin band is marked with an arrow. (D) Western blot analysis detects apisinin in New Zealand honeys and Royal Jelly. Aliquots of 15 mg of clover, manuka, and kanuka honey, and 150 µg Royal Jelly, and 25 µg of synthetic apisinin were resolved on a Tris-Tricine polyacrylamide gel, and screened by Western blot analysis using a polyclonal mouse antiserum raised against synthetic apisinin. Immunoreactivity was detected with HRP-conjugated anti-mouse IgG, followed by enhanced chemiluminescence. The sizes of the molecular weight makers are given in kDa in the right-hand margin.

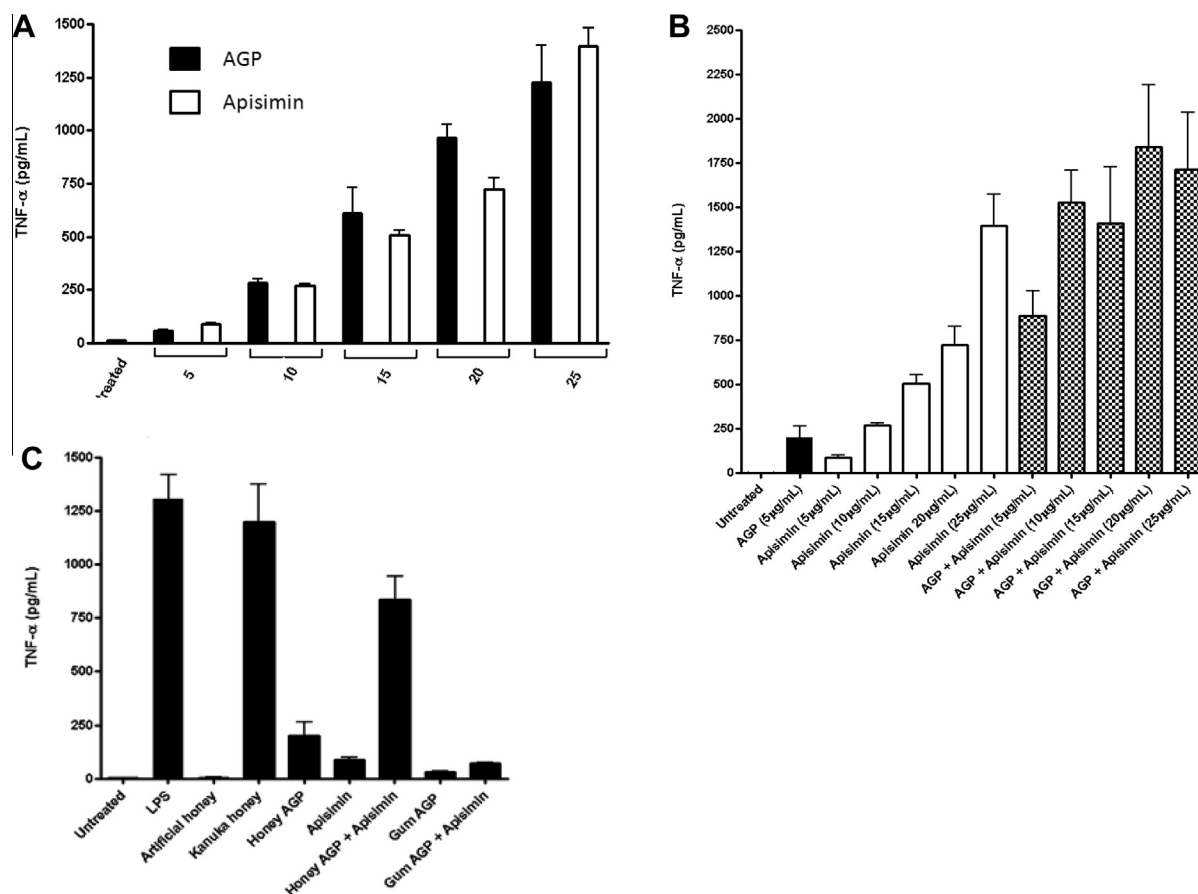


Fig. 3. AGPs and apisinin synergize to stimulate the release of TNF- α from blood monocytes. (A) Peripheral blood monocytes were incubated with increasing concentrations (5–25 μ g/ml) of purified kanuka honey AGPs and synthetic apisinin. TNF- α release was measured by ELISA and presented as mean \pm SD of four replicates. (B) Blood monocytes were incubated with 100 ng/ml LPS, 1% (w/v) kanuka honey, 5 μ g/ml of AGP, 25 μ g/ml apisinin, and 5 μ g/ml of AGP in combination with 25 μ g/ml apisinin AGP. (C) Blood monocytes were left untreated or incubated with 5 μ g/ml of AGP alone and in the presence of increasing concentrations of apisinin (5–25 μ g/ml). Control monocytes were stimulated with apisinin (5–25 μ g/ml) in the absence of AGP. TNF- α release was measured by ELISA and presented as mean \pm SD of four replicates.

($r^2 = 0.8969$) and AGP ($r^2 = 0.9973$) over the tested concentrations of 5–25 μ g/ml.

3.4. Apisinin synergizes with kanuka honey AGPs to stimulate the release of TNF- α from blood monocytes

Apisinin and kanuka honey AGPs both stimulate the release of TNF- α from blood monocytes. There was the possibility that they might synergize with one another, given that they both induce the expression of TNF- α (Gannabathula et al., 2012). To address this notion, blood monocytes were stimulated with 5 μ g/ml of synthetic apisinin alone or in combination with 5 μ g/ml of kanuka honey AGP. Samples of kanuka honey AGP, artificial honey and LPS were included for comparison. Apisinin and kanuka honey AGP again stimulated the release of TNF- α , at low levels compared with 0.1 μ g/ml of LPS (Fig. 3B). Surprisingly, apisinin strongly synergized with kanuka honey AGP to increase TNF- α release, which was comparable to the effect achieved with 10 mg/ml (1%) of kanuka honey. Thus, individual stimulation with 5 μ g/ml of AGP and 5 μ g/ml of apisinin caused the release of 199 and 86.6 pg/ml of TNF- α , respectively, whereas the combination caused the release of 840 pg/ml of TNF- α , effectively a threefold increase in TNF- α release. In contrast, apisinin did not synergize with Gum arabic, which had negligible activity comparable to that of artificial honey. To explore the relationship between apisinin and AGP further, increasing concentrations of apisinin (5–25 μ g/ml) were used to stimulate blood monocytes in the presence of a constant

concentration of kanuka honey AGP (5 μ g/ml) (Fig. 3C). The synergistic effects of apisinin with AGP were also concentration-dependent, where the strongest synergy was observed with AGP in combination with low levels of apisinin. Apisinin showed strong stimulation by itself at high concentrations.

3.5. Apisinin does not form a complex with honey AGPs

It was plausible that apisinin might form a multivalent complex with honey AGPs, as previously described for the apalbumins (Tamura et al., 2009), that could explain its synergistic properties. A ligand-binding assay was established to test this notion in which apisinin, kanuka honey AGPs, kanuka honey, manuka honey, clover honey, and the control proteins bovine serum albumin and insulin were spotted onto a nitrocellulose membrane, and screened for their ability to bind biotinylated apisinin. Apisinin bound to itself in accord with its ability to form oligomers (Fig. 4). It also bound to each of the honey samples, in agreement with the finding that each honey sample contains apisinin and apalbumins. In contrast, apisinin did not bind to purified kanuka honey AGPs, indicating it does not form a complex with honey AGPs.

In summary, this study has revealed that all honey samples tested, including kanuka, manuka, kowhai and clover honeys, contain AGPs. Kanuka honey was particularly rich in AGPs, whereas manuka, kowhai, and clover honeys by comparison contained only low concentrations of AGPs. Surprisingly, Royal Jelly completely lacked AGPs. Crossed gel electrophoresis suggested that kanuka

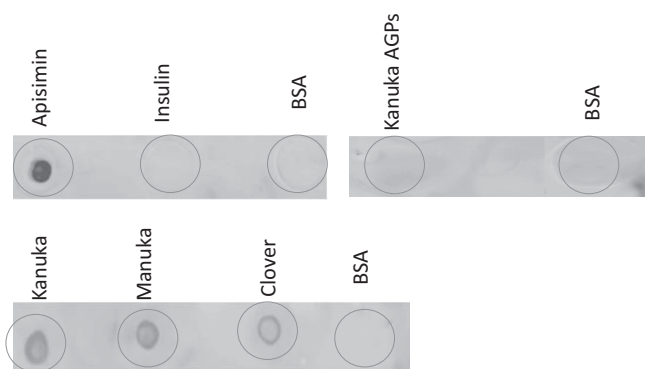


Fig. 4. Apisimin does not bind kanuka honey AGPs. Samples of 2 μ l of each of synthetic apisinin (1 mg/ml), insulin (1 mg/ml), bovine serum albumin (BSA) (1 mg/ml), kanuka honey, manuka honey, clover honey, and purified kanuka honey AGPs were spotted onto a nitrocellulose membrane. The membrane was incubated with biotinylated apisinin, and binding of apisinin to spotted samples was detected with horseradish peroxidase (HRP)-conjugated streptavidin and enhanced chemiluminescence.

honey AGPs were more heterogeneous than those present in Gum arabic. We have similarly confirmed that apisinin is present in kanuka, manuka, and clover honeys, in addition to Royal Jelly. In a novel finding, it was discovered that apisinin shares with honey AGPs the ability to stimulate the release of TNF- α from blood monocytes. Further, it synergizes with AGPs to enhance the release of TNF- α , via a mechanism that does not involve forming a complex with AGPs. We have confirmed that apisinin self-associates to form oligomers that could play a role in its immunostimulatory ability. In a previous study we revealed that kanuka honey was more effective at inducing the release of TNF- α from monocytes (Gannabathula et al., 2012), which is in accord with the present finding that kanuka honey contains higher concentrations of AGPs and apisinin.

There is very little information in the published literature regarding the biological properties and role of apisinin. It was reported to be a 5.5 kDa protein component of Royal Jelly (Břiliková et al., 2002), which formed a complex with Apa1 that is capable of enhancing and sustaining the proliferation of the human lymphoid cell line Jurkat (Tamura et al., 2009). Tonks et al. reported an unidentified polymyxin B-insensitive component of 5.8 kDa from manuka honey, which stimulated a human monocytoïd cell line to release TNF- α via a Toll-like receptor 4-mediated mechanism (Tonks et al., 2007). The 5.8 kDa appeared to bind to a larger molecular weight component (>30 kDa) that was largely responsible for the immunostimulatory activity of manuka honey. These latter properties are remarkably similar to those of apisinin, raising the question of whether apisinin is the 5.8 kDa immunostimulatory component identified by Tonks et al. The results also suggest that the apalbumins may not be immunostimulatory as reported, but rather their activity is due to their association with apisinin. Tonks' brief analysis concluded that apisinin was unlikely to be a protein, but apisinin lacks tryptophan and tyrosine residues which render it silent at A280 nm. Monosaccharide component analysis revealed the presence of monosaccharides (Tonks et al., 2007), which is in accord with the extensive potential serine/threonine and asparagine sites within apisinin for N- and O-linked glycosylation, respectively. In a future study it will be important to determine whether natural apisinin is glycosylated, and whether glycosylation affects its immunostimulatory activity, and associations with other honey components.

This study, together with previous reports, highlights the fact that honey is a complex mixture of proinflammatory and anti-inflammatory bioactive components, which may differ depending

on the particular floral nectars that are gathered by honeybees, and the products secreted by the honeybees themselves.

4. Conclusion

This study provides evidence that AGPs and apisinin are commonly present in different varieties of honey, and contribute to their immunostimulatory properties. The data to date indicates that the immune-stimulatory properties of honey arise from a synergism displayed by its various bioactive components, including AGPs, apisinin, apalbumins, and any contaminating LPS. Further studies are required to determine the specific quantities of these bioactive components in a broader range of honey varieties, their effects on health and well-being, and their potential application, including their contribution to the treatment of wounds.

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